

The Vocation of the Catholic Physician: Integrating the Practical, the Bioethical and the Spiritual

Learning Objectives and Goals

Learning Objectives

Participants will be able to:

- recognize the effects of psychological and spiritual distress in the palliative patient;
- develop strategies to address and alleviate suffering associated with this distress;
- describe the use of biomarkers to identify a - woman's fertile period;
- apply the observation of ovulatory biomarkers to the diagnosis and management of women's health issues;
- understand the fundamentals of fertility awareness and how this impacts teens' self worth;
- show the behavioural impact of learning to value one's sexuality and fertility;
- learn how this program facilitates teen-parent interaction;
- learn about moral teaching as it applies to sexuality and procreation in the care of women's health;
- understand the importance and role of the spiritual dimension in healing.

Goals

The goals for the sessions and workshops outlining what participants will be able to do after attending are listed as follows

End of life Issues – Myles Sheehan, MD

- Recognize physical, emotional, and spiritual challenges facing terminally ill patients and their families
- Identify current ethical directives on the care of the terminally ill patient

Conscientious Objection – Iain Benson, LLB

- Define the fundamental freedom of "conscience and religion" as found in the *Charter of Rights and Freedoms*
- Discuss how to accommodate conscience and religious views within the contemporary paradigm of modern medicine

Workshops:

Fertility Care – Maria Kraw, MD

- Describe the use of biomarkers to identify a woman's fertile period
- Apply the observation of ovulatory biomarkers to the diagnosis and management of women's health issues

Non-heartbeating Organ Donation – Hazel Markwell, PhD

- Recognize current organ donation legislation in Ontario
- Examine the ethical directives surrounding non-heartbeating organ donation

Teen Sex – is advice on abstinence working? – Hanna Klaus, MD

- Describe the current statistics on teenage sexual activity
- Review evidence-based strategies to decrease the incidence of teenage sexually transmitted infections and pregnancy

End-of-life Issues – Joseph Ayoub, MD

- Apply best practices in palliative care

Hospital Ethics Committees: Opportunities and Challenges – Renzo Pegoraro, MD

- Encourage physicians to become part of a multi-disciplinary committee which organizes educational programs in ethics for staff, to review hospital policies with ethical components, and to provide case-based advice.
- Learn how to express personal views which at times may be at odds with others, and how to negotiate, persuade and support those views

Complications following induced abortion – Deborah Zeni, MD

- Review the evidence behind the biological, psychological and societal consequences of induced abortion on women and their families
- Apply the concept of informed consent to women's health

Spirituality and Health Care – Tom Maddix

- Understand the spiritual dimension in healing

Stem Cell Research: New and Continuing Ethical Issues – Bishop Ronald Fabbro

- Discuss current techniques in stem cell research
- Analyze the legal, moral and ethical directives on stem cell research in Canada